



# ALAGRAM ~ Summer 2016

Your NJ Area Assembly Newsletter

New Jersey Assembly Meeting Saturday, June 4, 2016

10 AM to 3 PM

1001 Fire Academy Drive  
Sayreville, NJ 08872

*All Group Representatives (GRs), District Representatives (DRs), Officers, Coordinators and Service Arms' Liaisons are asked to please attend and all Al-Anon members are welcome.*

Refreshments at 9:30 by District #25  
New Group Reps (GRs) Meet at 9 AM  
All Members Please Bring Your Own  
Brown Bag Lunch

TO STAY INFORMED, PLEASE READ OUR  
*ALAGRAM* AT YOUR GROUP'S WEEKLY  
MEETING OR BUSINESS MEETING. YOU  
MAY ALSO VIEW IT AT OUR WEBSITE:  
[www.nj-al-anon.org](http://www.nj-al-anon.org)

## March Assembly Highlights

**Chairperson:** Rich M. thanked Paul G. for his dedication to service. Rich told us that the theme for the WSO conference was *Realizing our Spiritual Potential*. Rich also spoke of the open positions and the importance of filling them.

**Delegate:** Ann Marie Z., spoke and said since taking over this position January 1, 2016 she has received many phone calls for the open positions such as Public Outreach and Alateen. Ann Marie again stressed the importance of filling these positions.

**Alternate Delegate:** Donna S. assumed this position on January 1, 2016 and stated that she has reviewed the responsibilities as outlined by past Alternate Delegate Ann Marie. The Alternate Delegate is responsible for scheduling AWSC meetings and the Assembly meetings at the Fire Academy. The Alternate Delegate is also the World

Service Office (WSO) coordinator for the Forum subscriptions.

**Treasurer:** Stacey P. gave us a report that is posted online. Bank Balances as of 2/24/2016:

Checking Account: \$ 6,161.69  
Savings Account" \$16,582.57

**Recording Secretary:** Barb C. reported that she took over position in January and apologized for getting the Alagram out late.

### Corresponding Secretary/Group Records

**Coordinator: THIS POSITION IS OPEN.** This position is now 2 years. Millie H. described the duties of the position she has held for the prior 3 years. There are *Conflict of Interest* forms available for all officers and coordinators who have not already signed one. Mille is filling this position on an interim basis.

### COORDINATORS REPORTS:

**Website:** Angela provided a report showing Website Traffic. And also provided information on how to receive a copy of the Alagram Newsletter online. Log on to [www.nj-al-anon.org](http://www.nj-al-anon.org), click on Alagram, enter in your information and hit send.

**Alagram:** Barb C. reported that the Alagram Spring Issue was sent late but everyone should have received it before Assembly.

**Alateen: THIS POSITION IS OPEN.** There was a discussion on how important this position is to fill. Without this position filled, Alateen could cease to exist in this area. Carole M. stated that she and Sandy would still do training. Training is scheduled April 23<sup>rd</sup> in Sayreville and May 14<sup>th</sup> in Mt. Holly.

**Archives: THIS POSITION IS OPEN.**

**Literature: THIS POSITION IS OPEN.** Sue, previous coordinator, said you would become

familiar with all the literature and would publish the yearly calendar. WSO sends all the information. Sue also said "Courage to Change" is now an e-reader.

**Public Outreach: THIS POSITION IS OPEN.**

Karen spoke about the position and all the help she has from volunteers to go out and speak. She does receive requests to send someone out to speak to professional groups. She coordinates schedules and makes sure events are covered. The budget also has money for something like the Transit Posters in it.

**DISTRICT REPORTS**

**District #2 Morris County:** Pam C., District rep was present

**District #3 Hunterdon/Warren Counties:** Katie O. District rep was present

**District #4 Passaic & North Morris:** Robin was present but no report.

**District #16 Monmouth Northwest:** Diane S., District Rep was present and reported there are 3 active GR's in district.

**District #20&#21 Mercer East & West:** Kate O., District Rep reported at their first district meeting 4 of 5 GR's attended now 3 more GRs have contacted Kate. The district now has 8 GRs.

**District #25 Camden&Northwest Gloucester:** Chichi F., District Rep was present and reported there hasn't been a district meeting in a while. Chichi is going to group meetings.

**District #27 Atlantic & Cape May:** Mary F., new District Rep reported GRs reported their groups are doing well.

**LIAISONS**

**Jal-Con:** Sue H. reported that she is the new Chairperson for 2016. The Convention will be July 22<sup>nd</sup> – July 24<sup>th</sup>, 2016 at the Sheraton in Edison NJ.

**North Jersey Information Services (NJIS)** Mike G. reported there was a good turnout for the Fall Workshop.

**South Jersey Information Services (SJIS):** Marie B. reported the new Board of Trustees and what events they planned on participating in this year.

**Intergrupal Espanol:** Mira S. explained a Public Outreach program they are involved in. NBC and Telemundo are sponsors. It is at Met Life Stadium in NYC on May 14 and 15.

**OLD BUSINESS**

**Annual Picnic:** Rich M. stated that the Annual Picnic needs a chair and Joy from District 23 volunteered. Thanks Joy!!! AWSC recommends the Picnic Chair sets the theme as "Al-Anon Celebrating 65 Years"

**Team Event:** Rich talked about doing a "team event" it was discussed, no decision made.

**Group Liability Insurance:** Rich stated that a handful of groups need Liability insurance and he will gather the information. Should cost between \$150-\$200

**Ask It Basket:** Question #1: According to some Al-Anon members Lois said that Al-Anon members can celebrate the personal sobriety with the coin celebration. Answer: Pg. 97 The WSO does not stock or offer program-related jewelry or trinkets for sale because these actions could divert our service office from our primary purpose. In keeping with our Tradition Six, The WSO does not provide a list of suppliers for articles associated with the fellowship. Question #2: Cell Phones must be turned off or muted and off the tables. Takes from meeting attention. Answer #2 This is for each meeting to decide. Meetings are autonomous. For example, in this Assembly, Our Chairperson asked everyone at the beginning of the meeting to turn off their phone or on vibrate. Question #3: Are the Guidelines for how a group chooses a speaker for an Anniversary Meeting? I couldn't find anything in the Manual or the Website? Answer #3: The guidelines are listed on G-1

**Technology Task Force:** A Task Force was formed with Jeannie as Chair. Jeannie is a new GR. Mary F. also volunteered to be on this Task Force. Target date is October to gather some information.

**Ample Reserve Discussion:** After a discussion, it was decided that this should be discussed at AWSC in May.

**NEW BUSINESS**

**Redistricting:** After a spirited discussion it was decided to take this back to the AWSC meeting in May.

**Audit Committee:** March 19, 2016 10:00 AM Sayerville. Rich M. (Chair), Carole M. (Past Del), Donna S. (Alt. Del), Stacey P (Treasurer), Barb C (Rec Sec), Katie O (DR), Karen (GR) Barbara C. , Editor *Alagram*