



ALAGRAM ~ Winter 2018

NJ Area Assembly Newsletter

New Jersey Assembly Meeting Saturday, March 3, 2018

New Group Representatives Meet at 9 AM

Morning Refreshments & Fellowship 9:30 AM

Assembly Meeting - 10 AM to 3 PM

Middlesex County Fire Academy

1001 Fire Academy Drive

Sayreville, NJ 08872

All Group Representatives (GRs), District Representatives (DRs), Officers, Coordinators and Service Arms' Liaisons are asked to please attend and all Al-Anon members are welcome.

**Morning Refreshments Provided by District #23
Ocean North**

**All Members Please Bring Your Own Brown Bag
Lunch**

TO STAY INFORMED, PLEASE READ OUR
ALAGRAM AT YOUR GROUP'S WEEKLY
MEETING OR BUSINESS MEETING. YOU MAY
ALSO VIEW IT AT OUR WEBSITE:

www.nj-al-anon.org

Tradition Seven

***“Every group ought to be fully self-supporting,
declining outside contributions.”***

“In the simplest terms, this Tradition points out one of the cornerstones of the Al-Anon program of recovery. When individual members and groups understand that they are responsible for their own survival and progress, a great spiritual strength flows into each part as well as the whole. If I do my part and others do theirs, we do it together, and we don't need to ask someone else to do it for us.” *Al-Anon's Twelve Steps & Twelve Traditions, pages 116-117.* At this time, the NJ Area Assembly is not fully supporting. Various coordinator positions are currently vacant, including the Archives Coordinator and Alagram Coordinator. The NJ Area Assembly needs your help. We need Al-Anon members who want to be connected with people who have

experienced recovery at another level. We are searching for members who want to continue to build self-confidence, self-esteem, and trust and gain a greater understanding of how to apply Al-Anon's spiritual principles. Are you this member? Are you ready to experience *growth and recovery* through *service*? Please consider stepping up for one of our vacant coordinator positions:

Archives Coordinator

The Archives Coordinator. Term of service ends 12/31/20. Attending 3 AWSC and 3 Assembly meetings per year. Making sure that the Archives are kept up to date and are available for presentation at Jal-Con and the AA conventions with Al-Anon Participation. The Archives are located in a storage area in Woodbridge NJ.

Alagram Coordinator

The Alagram Coordinator: Term of Service ends 12/31/20. Attends 3 AWSC meetings and 3 Assembly meetings. Modifies the template for the Alagram to reflect the recent events at the most recent Assembly and the events to be discussed at the next Assembly. This is done 3 times a year and needs to be mailed to all the groups. Mailing list for labels is prepared by the corresponding secretary. It is printed by Staples.

Highlights from the November

Assembly

Chairperson: Rich M. opened the meeting with the Serenity Prayer and the reading of the Traditions and the Concepts. If members sign up with an e-mail for the group they will receive the “In the Loop” publication. New Recording Secretary Jesse A. SJIS may close due to lack of participation and no officers. The 2018 Budget was approved.

Delegate: Ann Marie Z. reported that the dates for the World Service Conference are Monday, April 16 through Friday, April 20, 2018 at the Renaissance Westchester Hotel in West Harrison, New York. All Conference Members will visit Stepping Stones the morning of Wednesday, April 18. The theme for the 2018 World Service Conference has been announced: "Al-Anon – There is no standing still!"

The Chairperson of the Board letter (COB) is to share, with the Fellowship, highlights of the Board of Trustees meeting. The most recent two can be found at: <https://al-anon.org/members/wso/board-of-trustees/letters-from-the-chairperson-of-the-board-2>

The biggest news in the July letter was the announcement of Vali F. as our new Executive Director. She served on Panel 53 as Delegate from Arizona.

Alternate Delegate: Requests for use of the Middlesex County Fire Academy for the 2018 AWSC and Assembly meetings have been submitted to the Fire Academy for approval. A new coffee urn was ordered from Amazon to replace an older urn that has lost its shape and has started to leak. 2018 Assembly Calendars are available for purchase \$6 each or 2 for \$10.

Recording Secretary: We now have a recording secretary and we welcome Jesse A. to the Panel and thank him for his service.

Corresponding Secretary/Group Records Coordinator:

Robin is our new Acting Corresponding Secretary and we will vote on making her permanent at the Assembly. Welcome to her and thanks for her service. Please remember that anonymity must always be maintained at the public level. For example, when the newsletter o

r any other Al-Anon information is sent to a distribution list, it is important to **blind copy** (BCC) it so that members' personal e-mail addresses are not shown. Information about anonymity can be found in the Anonymity section beginning on page 91 of the 2014-2017 *Al-Anon/Alateen Service Manual*. Not all the groups have a Group e-mail address yet. This is important, and for several reasons. WSO is attempting to take care of the dissemination of most information electronically. If the Group has an e-mail address, it does not change when the GMA and/or GR changes, and there is no loss of anonymity. Does your District have one?

Treasurer: The Account Balances as of 8/31/17:

Checking Account: \$ 7,996.46
Savings Account: \$ 16,595.70
Total: \$ 24,592.16

COORDINATORS REPORTS

Alagram: The position is open and Donna continues to fill in as the Alagram coordinator. The winter edition of the Alagram will be mailed on 2/16/18 mailed to the group's current mailing address (CMA) and will also be sent to the website coordinator for uploading on the Assembly's website. A paragraph addressing Tradition Seven – "Every group ought to be fully self-supporting, declining outside contributions" was included in order to bring attention to the fact that with service positions open, the NJ Area Assembly is not fully self-supporting. We really need your help to fill the vacant positions.

Alateen: Sue C. reports that new training meetings are scheduled for 2018 throughout the State.

Literature: Kathy B. reported that 225 2018 Calendars were printed. 100 were sent to Jal-Con to be sold and for distribution to NJIS and SJIS. Kathy also reported that "CAL Corner" needs sharing's. Please urge members to write about how CAL has helped with their recovery.

Public Outreach: Karen P. reports that Carol M and Karen went to the ASAP convention in early February and have two conferences NJPN in May and Social Worker conference in April in Atlantic City. Rich M. sat on a Panel for about 150 medical students at Rowan Medical College in November.

Website: Angela reported that the top pages visited on the Assembly website were meeting list, meeting home page, meeting maps, calendar, Alateen meetings, about us, contact us, 12 steps and Jal-Con.

March Assembly

Agenda Highlights

In addition to updates from the NJ Area 36 Assembly Officers and Coordinators, there will be presentations and discussions on the following topics: Voting for the New Corresponding Secretary; A breakout and Voting for a District Representatives; getting your District up and running; A new Skit presented by Ann Marie Z.

Spread the Word!

The 2018 International Convention will be Friday, July 6 to Sunday, July 8, 2018 right in Baltimore! The link for registration is available now on the Public Outreach site <https://al-anon.org>. Look at the very top of the screen (in the blue section). Click on the words "2018 International Convention Registration" and you will be taken to this screen where you can "Register Now Online":