

# ALAGRAM ~ Fall 2019

## NJ Area Assembly Newsletter

### **Next NJ Assembly Meeting on Saturday, November 2, 2019**

**Where:**

Middlesex County Fire Academy  
1001 Fire Academy Drive  
Sayreville, NJ 08872

**When:**

New Group Representatives - 9:00AM  
New District Representatives – 9:00AM  
Refreshments & Fellowship - 9:30AM  
Assembly Meeting – 10:00AM - 3:00PM

**Who:**

All Group Representatives (GRs)  
District Representatives (DRs), Officers  
Coordinators and Service Arms' Liaisons

**All Al-Anon members are welcome.**

*Morning refreshments will be provided.*

*Attending Members - Bring Your Own Brown  
Bag Lunch*

### **JAL-CON 2019: RECONNECT**

#### **44<sup>TH</sup> Annual Al-Anon Convention** Saturday, October 26, 2019

*St. Luke's Parish Center*  
*1674 Old Freehold Road*  
*Toms River, NJ*

Topic Meetings, Workshops, Speakers,  
Literature for Sale, Raffles, Media Room &  
Fellowship!

Doors open 8:00AM (Ends at 7:00PM)

[Visit nj-al-anon.org to register today!](http://nj-al-anon.org)

### **Highlights from the June 2019 Assembly**

**Chairperson:** Audit report for 2018 needs revision and will be presented at November Assembly. AWSC decided to send \$250 to WSO in memory of past Delegate Anita Sinclair. All Board positions are filled! Ann Marie will be attending NY South's TEAM event in Westchester, NY as well as 2019 Road Trip in Seattle, WA (end of October).

**Delegate:** Donna S. attended 2019 World Service Conference 4/13-4/17 in Virginia Beach, VA. Theme of the Conference was "Action is Attraction – There is no growth in the comfort zone." She informed the group that this was the first tri-lingual conference to support Spanish & French speaking delegates. Another conference first was the use of electronic voting using smart devices. Donna S. was assigned to Thought Force: Identifying ways to look at Service in

relation to Roles, Terms and Possible Roadblocks. She presented information about Task Force for Conference Purpose, Makeup & Roles for the 2019 WSC to the Assembly. She also attended a skit presented by the members of the Thought Force "Welcoming Potential Members". She also shared the 2018 Annual Report and the Auditor's Report. The 2019 Road Trip with the Board is scheduled for 10/31/2020. She reported on the Policy Work Group Discussion on Electronic Meetings as well as Facebook Groups. There was also discussion about a "Hybrid Meeting" defined as live in-person event with a virtual online component. Al-Anon's 7<sup>th</sup> International Conference will be in Albuquerque, NM 6/29-7/3/2023. Lastly, 2020 World Service Conference is scheduled for 4/20-4/24.

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To stay informed, please read this ALAGRAM at your group's weekly meeting or business meeting. You may also view it at our website [nj-al-anon.org](http://nj-al-anon.org)

**Corresponding Secy:** Angela reported that per Records there are:

- 349 active Al-Anon meeting
- 15 active Alateen meeting
- 19 meetings in No Mail Status for 2 years after which if it is inactive will be removed from WSO.

## COORDINATOR REPORTS

**Alagram:** Kalpana K. reminded Assembly that a copy is mailed to all groups with valid CMA. The Alagram is posted on the Assembly website for downloading & printing.

**Public Outreach:** Karen P. reported that April was busy with many requests due to April being Alcohol Recovery Month. She attended the following events and distributed a lot of literature as well as spread the message of Al-Anon to many professionals:

- BRAD sponsored by Bordentown Municipal Alliance.
- Essacare in Orange, NJ
- 2019 NAWS-NJ Conference (Social Workers) 4/28-30 at Borgata in Atlantic City (1000+ attendees)
- 19<sup>th</sup> Annual Addiction Conference NJPN-NJ Prevention Network) on 5/10 in Atlantic City. Over 1600 attendees.

The NJ Al-Anon toll free number has received at least one or more calls per week asking questions about Al-Anon and meetings.

**Alateen:** Tim S. reported that AMIAS training sessions were held on 3/30 & 4/7. To date 27 individuals have been trained as AMIAS.

Tim thanked Diane S. for her presentation at Mainland High School. Tim plans to implement conference calls for all AMIAS so they can share their experience, strength and hope. He also hopes to resurrect the Alateen Advisory Committee in the fall to review the recertification process.

**Website:** Various website subscriptions are up for renewal. Keep sending flyers for posting on the website – preferably in PDF format. The Alagram, Assembly minutes, Policy Manual, AMIAS forms, and other resources are located on the Documents page under the “About Us” page.

## HIGHLIGHTS FROM NJ AREA DISTRICTS

**District 2:** Has 12 active groups including one Spanish group. District 2’s 1<sup>st</sup> Day of Sharing was held on 6/8 at Notredame of Mt. Carmel, 75 Ridgedale Ave, Cedar Knolls, NJ. Theme was “Recipes for Recovery”. Outreach – 200 English & 50 Spanish AFA’s ordered.

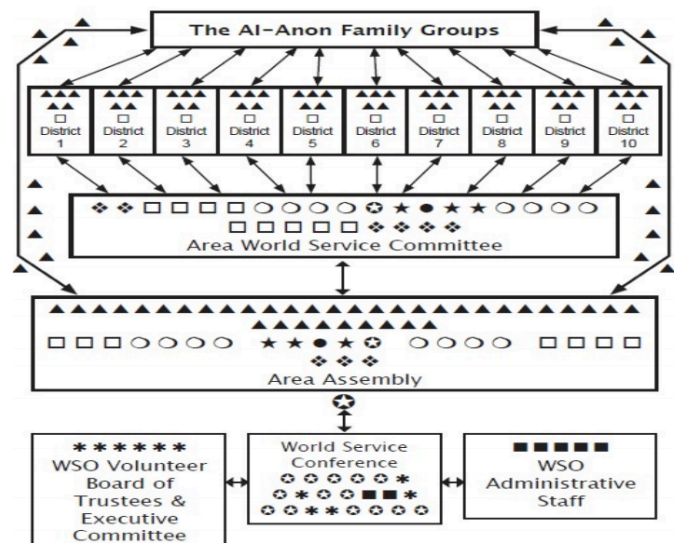
**District 3:** 4<sup>th</sup> Annual Day of Fellowship was held on 4/27. AA, Al-Anon & Alateen speakers gave messages of experience, strength & hope.

**District 4:** Assembled 100 love gifts for Donna to bring to WSC. District’s Spring Project throughout June included road trips to support meetings throughout the district and to spread the word about meetings to each other. Fall project possibilities include Day of Sharing or Writing Workshop.

**District 11-15:** Discussed the importance of having accurate information on the website and ISR Meeting Book. The team is trying to verify existence of other local meetings. The district has a new email address [alanon.districts.nj@gmail.com](mailto:alanon.districts.nj@gmail.com).

**District 23:** District Workshop title Road to Recovery on 6/22 at St. Luke’s Church in Toms River. District currently has 10 GRs.

## WORLD SERVICE CONFERENCE STRUCTURE



- ▲ Group Representative
- District Representative
- ★ Assembly Officer
- Chairman
- ⊕ Delegate
- Area Coordinator
- ◆ Al-Anon Information Service Liaison

The Area World Service Committee may also include Coordinators of special services such as Alateen, Archives, Public Outreach (PI, CPC, and Institutions), Newsletter Editors, The Forum, etc., and liaison members (from local Information Service centers or Intergroups)